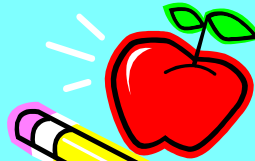


# EMMANUEL LUTHERAN PRESCHOOL

We seek to help parents in raising  
and nurturing one of God's greatest gifts:  
the gift of children.



February  
2018  
Newsletter  
Page 1 of 2

## Health & Wellness

This month we'll be having a health and wellness focus. We'll be using My Plate to help discuss the types of foods we should eat regularly to stay healthy, along with which foods are examples of things we should choose "sometimes" only. We have a busy month – donuts with dads on the 7<sup>th</sup>-8<sup>th</sup>, Valentine's Day parties on the 14<sup>th</sup>-15<sup>th</sup> and our field trips the 21<sup>st</sup>/22<sup>nd</sup>.

Valentine's Day – Students need only sign their name on Valentine cards. If you wish your child to have more writing practice, and to write their classmates' names as well, please ask your child's teacher for a class list.

Mrs. Pendergrass's Classes - This month our three year olds are talking about what keeps their body healthy. Bring to their attention how good nutrition, professional health care, exercise and rest are part of your family life. At the end of the month we will begin some more formal assessments on letter, number, shape and color knowledge.

Mrs. Chambers' Class - We will be focusing on balance being important in our health - eating, sleeping, exercising and doctors/dentists being important parts of keeping us healthy. At the end of this month we'll also be starting a second round of evaluations for each child to assess their progress towards kindergarten readiness. Once we've assessed each child, we'll be setting up conferences to share the results with each parent.



Problem solving in Mrs. Chambers' class – how can we make our towers taller? Why did you make it that way?

## Field Trips

This month we'll be visiting Cozzeria Pizza at 427 Cleveland Street at 10am. The children will have a chance to select their own toppings to make a pizza. Space is limited, which is why we are scheduled for two different dates.

**Wednesday, February 21** – Mrs. Chambers & Mrs. Pendergrass' M/W Classes

**Thursday, February 22** – Mrs. Pendergrass's T/Th Clas



## Bowling Field Trip



We had a great turnout at our bowling field trips at Rebman Recreation. We hope everyone had a great time!



## Church News

Sunday morning worship services are held at 9:30am and 11am at Emmanuel Lutheran. Sunday School classes are held from 9:45-10:45am for children ages 3 years and up. We'd love to see you there!

## News to Note

- **Registration forms for the fall will be sent home this month. We give priority to current enrolled families with class registration, so if you plan to enroll, please turn the forms in promptly before we release registration to the general public.**



Happy Valentine's Day!

The Q & U Wedding was a big hit!



## Upcoming Events

**Book Orders** are due online or in school by Monday, 2/5

**Doughnuts with Dads – Wednesday, 2/7 for Mrs. Chambers & Mrs. Pendergrass's M/W Class & Thursday, 2/8 for Mrs. Pendergrass's T/Th Class**

Have dad, or a special guy in your child's life – grandpa, uncle, etc. come see what we're doing at school during free choice from 9:30-10am.

**Valentine's Day Party – Wednesday, 2/14 for Mrs. Chambers & Mrs. Pendergrass's M/W Classes & Thursday, 2/15 for Mrs. Pendergrass's T/Th Class**

Please work with your child to sign their name on their Valentines (there are 6 children in Mrs. Pendergrass's class M/W, 5 in T/Th and 14 in Mrs. Chambers' class). They do not need to write the person that it is to in order to make passing them out easier. Pencils or a small treat are allowed (but by no means necessary!). Please remember, Mrs. Chambers' class is a nut free environment.

**No School – President's Day – Monday, 2/19**

**Pizzeria Field Trip – Meet at Cozzeria's Pizza 427 Cleveland Street at 10am.**

Wednesday, 2/21 Mrs. Chambers' & Mrs. Pendergrass's M/W Classes

Thursday, 2/22 Mrs. Pendergrass's T/Th Class

**Maple Sugaring Field Trip**

Wednesday, 3/7 for Mrs. Chambers & Mrs. Pendergrass' M/W Classes

Thursday, 3/8 for Mrs. Pendergrass's T/Th Class – Extra guests are welcome at this field trip because we are a small group – siblings and friends are welcome!